

MUG CLUB FOR CAREGIVERS

Taking time for yourself is important!

Mug Club for the Caregiver is a support group which provides an environment for those who are caring for a loved one, to share information and gain support from others who are in a similar situation. As caregivers, we share our experiences to help one another.

Please join us once a month!



Need more information: Call (608) 930-9835

Third Tuesday of each month from
10:30 a.m. to Noon.

Dodgeville Public Library
139 S. Iowa Street
Dodgeville

**Need respite?
Contact us!**



**Refreshments
Served**